

Aim and Scope

The Korean Society of Exercise Physiology (KSEP; <http://www.ksep.kr>) was founded in 1988 and currently has around 2,000 members. The Exercise Science (Exerc Sci), an official journal of the KSEP, was first issued in 1992 and currently has published 28 volumes. The aim of the Exerc. Sci. is to scientifically show the “scientific and clinical value of exercise in health and disease control”, provide evidence for this, consequently promote the development of elite sports, and improve the health of the general public. Therefore, Exerc Sci focuses on evidence-based scientific research of multidisciplinary studies, including physiology, biochemistry, nutrition, metabolism, genetics, immunology, medicine, rehabilitation, growth and development, training, anthropometry, and epidemiology related sport, physical activity, and exercise. The types of manuscripts include research articles, reviews, short/rapid communications, and case reports in the field of exercise science. For internationalization, we operate a separate “full English journal homepage” and a “submission evaluation system”. The Exerc Sci is an international, double-blind peer-reviewed and open access journal published quarterly (February 28, May 31, August 31, and November 30). Full texts are freely available from <https://www.ksep-es.org>. The Exerc Sci is also partially supported by The National Research Foundation of Korea (NRF).

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CONTENTS

Volume 30 Number 4 November, 2021

Editorial

- 407 Emerging Era of Exercise Genomics
Seung Kyum Kim

Review Articles

- 412 Latest Trends in Neuromuscular Training to Prevent Anterior Cruciate Ligament Injury: A Literature Review
Kwang-Jin Lee, Keun-Ok An
- 419 Obese Frailty and Combined Exercise
Hae Sung Lee, Jong-Hee Kim
- 432 Beneficial Effects of Exercise on Cancer-Related Cognitive Impairment with Breast Cancer Patients: A Systematic Review and Meta-Analysis
Hong-Bum Eun, Seung-Soo Baek
- 444 Differential Gene Expression in Cell Types of the Human Skeletal Muscle: A Bioinformatics-Based Meta-Review
Kyung-Wan Baek, So-Jeong Kim, Ji-Seok Kim, Sun-Ok Kwon

Original Articles

- 453 Effects of Local Cold and Heat Stimuli on Cutaneous Thermal Sensitivity and Inter-Threshold Zone at Rest and During Exercise
Dae-Hwan Kim, Jean-Hee Han, Min-Hyeok Jang, Jung-Hyun Kim
- 462 Effects of the Type and Volume of Physical Activity on Leukocyte Telomere Length in Middle-Aged Men
Yun-A Shin, Chang-Sun Kim, Sang-Hyun Lee, Yong-Woo Lee, Jun-Soo Kim, Dong-Ho Park
- 472 Effects of Urination, Aerobic Exercise, Food and Water Ingestion on Body Composition Measured by Segmental Bioelectrical Impedance Analysis
Chaeun Cho, Sewon Lee
- 481 Effectiveness of a New Internal Nasal Dilator in Pulmonary Function and Exercise Performance
Dong-Kyu Kim, Maeng-Kyu Kim
- 491 Acute Effects of Foam Rolling Exercises on Arterial Stiffness, Flexibility and Autonomic Nervous System Function in Young and Middle-Aged Women
Cheonok Lee, Sewon Lee
- 501 Association Between Cardiorespiratory Fitness and Healthcare Costs in Adults Using the Criterion Referenced Fitness Thresholds: The Korea Institute of Sport Science Fitness Standards Study
Seunghye Lee, Hyojin Lee, In-Hwan Oh, Hyeon-Kyoung Cheong, Mihyun Lee, Saejong Park

CONTENTS

Volume 30 Number 4 November, 2021

- 510 Effects of Exercise on Serum Inflammatory Markers and NF- κ B, COX-2 mRNA Expression in Prostate of BPH-Induced Mice
Eun-Jung Yoon, Se-Hwan Park, Eun-Mi Lim
- 517 Participation in Physical Education Classes, Psychological Well-Being, and Sleep Satisfaction Among South Korean Adolescents
Yoonkyung Song, Eun-Young Lee, Justin Y. Jeon
- 527 The Relationship of Physical Activity Level With Arterial Stiffness, Cerebral Blood Flow, and Cognitive Function in Young Adults
Ruda Lee, Jin-Su Kim, Eui-Young Lee, Shin-Young Park, Moon-Hyon Hwang, Myong-Joo Lim
- 537 Prevalence of Ischemia, Health-Related Quality of Life, Medical use and Expenses by Physical Activity and Ischemia Status in Korean Adults
Byung-Kun Lee
- 547 Effects of Lumbar Stability and Hip Joint Mobility Exercise with Pilates Devices on Pain Level and Muscle-Joint Function in Middle-Aged Women with Chronic Low Back Pain
Da Eun Park, Seung Kil Lim

목 차

제30권 4호 2021년 11월

편집인의 글

- 407 Emerging Era of Exercise Genomics
Seung Kyum Kim

증설

- 412 앞집자이대 손상 예방을 위한 근신경 훈련의 최신 경향: 문헌 고찰
이광진, 안근욱
- 419 비만 노쇠와 복합 운동
이해성, 김종희
- 432 유방암 환자의 인지 손상에 미치는 운동 효과: 메타분석적 접근
은홍범, 백성수
- 444 Differential Gene Expression in Cell Types of the Human Skeletal Muscle: A Bioinformatics-Based Meta-Review
Kyung-Wan Baek, So-Jeong Kim, Ji-Seok Kim, Sun-Ok Kwon

원저

- 453 국소 부위 고온 및 저온 스트레스가 안정 시 및 운동 시 온냉감 민감도 및 중성역에 미치는 영향
김대환, 한진희, 장민혁, 김정현
- 462 중년 남성의 신체활동량과 형태가 백혈구 텔로미어 길이에 미치는 영향
신윤아, 김창선, 이상현, 이용우, 김준수, 박동호
- 472 소변배출, 유산소 운동, 음식 및 물섭취가 생체전기 저항법을 이용한 신체조성측정에 미치는 영향
조채은, 이세원
- 481 폐 기능 및 운동수행력 증진을 위한 비 확장기의 효용성
김동규, 김맹규
- 491 Acute Effects of Foam Rolling Exercises on Arterial Stiffness, Flexibility and Autonomic Nervous System Function in Young and Middle-aged Women
Cheonok Lee, Sewon Lee
- 501 한국 성인의 심폐체력과 의료이용행태 및 의료비의 관련성: 국민체력100 사업 건강체력 기준을 바탕으로
이승희, 이효진, 오인환, 정현경, 이미현, 박세정

목 차

제30권 4호 2021년 11월

- 510 운동이 전립선 비대 유도 마우스의 혈중 염증반응 지표 및 전립선 조직의 IL-6, NF- κ B, COX-2 mRNA 발현에 미치는 영향
윤은정, 박세환, 임은미
- 517 Participation in Physical Education Classes, Psychological Well-Being, and Sleep Satisfaction Among South Korean Adolescents
Yoonkyung Song, Eun-Young Lee, Justin Y. Jeon
- 527 젊은 성인의 신체활동 수준과 동맥경직도, 대뇌 혈류량, 인지기능 간 관련성
이루다, 김진수, 이의영, 박신영, 황문현, 임명주
- 537 Prevalence of Ischemia, Health-Related Quality of Life, Medical use and Expenses by Physical Activity and Ischemia Status in Korean Adults
Byung-Kun Lee
- 547 필라테스 요부 안정성 운동과 고관절 가동성 운동이 중년여성의 만성 요통과 근관절 기능에 미치는 영향
박다운, 임승길

