

Aim and Scope

The Korean Society of Exercise Physiology (KSEP; <http://www.ksep.kr>) was founded in 1988 and currently has around 2,000 members. The Exercise Science (Exerc Sci), an official journal of the KSEP, was first issued in 1992 and currently has published 28 volumes. The aim of the Exerc. Sci. is to scientifically show the “scientific and clinical value of exercise in health and disease control”, provide evidence for this, consequently promote the development of elite sports, and improve the health of the general public. Therefore, Exerc Sci focuses on evidence-based scientific research of multidisciplinary studies, including physiology, biochemistry, nutrition, metabolism, genetics, immunology, medicine, rehabilitation, growth and development, training, anthropometry, and epidemiology related sport, physical activity, and exercise. The types of manuscripts include research articles, reviews, short/rapid communications, and case reports in the field of exercise science. For internationalization, we operate a separate “full English journal homepage” and a “submission evaluation system”. The Exerc Sci is an international, double-blind peer-reviewed and open access journal published quarterly (February 28, May 31, August 31, and November 30). Full texts are freely available from <https://www.ksep-es.org>. The Exerc Sci is also partially supported by The National Research Foundation of Korea (NRF).

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CONTENTS

Volume 33 Number 2 May, 2024

Editorial

- 107 Exercise and Improvement of LDL-C via PCSK9
Sang Ki Lee

Review Articles

- 109 Biomechanical and Neuromuscular Insights into Deadlift Variations: Implications for Sports Science, Strength Training, and Rehabilitation
Joohyun Lee, HunMin Kim, Seungjun Ko, Eunwook Chang
- 115 Potential for Strengthening Immune Function and Sports Performance with *Lactobacillus pentosus* b240
Minchul Lee
- 121 The Role of Pelvic Floor Muscle Exercise in Erectile Dysfunction
Jiho Shin, Inhwon Lee, Jinkyung Cho, Hyunsik Kang

Original Articles

- 131 Effects of Pilates-Combined Training on the Improvement of Flexibility and Pain Relief in Elite Fencers
Hyo-Seon Lee, Dong-Jin Lee, Kyung-Wan Baek, Ara Lee, Yoonjung Park, Ji-Seok Kim
- 140 Suggestion of a Method for Evaluating Athletic Ability through Changes in Knee Angular Velocity
Jung-Ran Song, Do-Youn Kim, Kwang-Jun Kim, Dong-Ho Park
- 149 Role of Core-Based Exercises in Improving Proprioception among Individuals with Neurological Disorders: A Systematic Literature Review and Meta-Analysis
Hyeong-Chan Lee, Jae-Hoon Lee, Min-Seong Ha
- 160 Cardiorespiratory Exertion While Exergaming in Healthy Adults
Hee-Jin Kim, Eun-Ah Jo, Yoon-Ju Lee, Jung-Jun Park
- 168 Prolonged Hypoxic Exposure Impairs Endothelial Functions: Possible Mechanism of HIF-1 α Signaling
Junyoung Hong, Junchul Shin
- 176 Physical Activity and Depression: Nationwide Evaluation of Depression and Physical Activity in South Korea
Kwang-Jun Kim, Jin-Soo Kim, Dong Hyun Yoon
- 184 Korean Translation and Cross-Cultural Adaptation of the Sport Concussion Assessment Tool 6th Edition (SCAT6): Reliability and Validity
So Young Ahn, Ji-won Seo, Nur Afqah Binti Zulkifli, Wook Song

CONTENTS

Volume 33 Number 2 May, 2024

- 209 Isokinetic Ankle Inversion and Eversion Muscle Strength in Korean Men's Professional Basketball Players
Mun-Ku Song
- 216 Association of Characteristics between Acute Stroke Patients and Sarcopenia: A Cross-Sectional Study
So-Yeong Kim, Byeong-Geun Kim, Se-Ju Park
- 223 The Effects of Exercise Intervention on Physical Fitness and Problem Behaviors in Children with Developmental Disabilities: Focused on the Development of Evidence-based Exercise Program
Young-Min Park, Nyeonju Kang, Yun-Sung Kim, Dong-Il Kim
- 234 Exercise-Induced Laminar Blood Flow Maintains Vascular Function by Enhanced Endothelial Homeostasis
Ji-Seok Kim, Kyung-Wan Baek, So-Jeong Kim, Junghoon Lee, Craig A Johnston, Yoonjung Park
- 243 Different Profiles of *Jumper's Knee* Indications in Basketball, Volleyball, and Football Athletes
Ilham Yugantara, Farid Rahman

목 차

제33권 2호 2024년 5월

편집인의 글

- 107 운동과 PCSK9 억제를 통한 LDL-C 개선
이상기

종 설

- 109 Biomechanical and Neuromuscular Insights into Deadlift Variations: Implications for Sports Science, Strength Training, and Rehabilitation
Joohyun Lee, HunMin Kim, Seungjun Ko, Eunwook Chang
- 115 Potential for Strengthening Immune Function and Sports Performance with *Lactobacillus pentosus* b240
Minchul Lee
- 121 발기 부전에서 골반저 근육 운동의 역할
김광래

원 저

- 131 Effects of Pilates-Combined Training on the Improvement of Flexibility and Pain Relief in Elite Fencers
Hyo-Seon Leex, Dong-Jin Lee, Kyung-Wan Baek, Ara Lee, Yoonjung Park, Ji-Seok Kim
- 140 운동선수의 무릎 등속성 각속도 변화를 통한 운동능력 평가방법 제안
송정란, 김도윤, 김광준, 박동호
- 149 Role of Core-Based Exercises in Improving Proprioception among Individuals with Neurological Disorders: A Systematic Literature Review and Meta-Analysis
Hyeong-Chan Lee, Jae-Hoon Lee, Min-Seong Ha
- 160 건강한 성인의 엑서게임 운동 중 심폐운동강도
김희진, 조은아, 이윤주, 박정준
- 168 Prolonged Hypoxic Exposure Impairs Endothelial Functions: Possible Mechanism of HIF-1 α Signaling
Junyoung Hong, Junchul Shin
- 176 Physical Activity and Depression: Nationwide Evaluation of Depression and Physical Activity in South Korea
Kwang-Jun Kim, Jin-Soo Kim, Dong Hyun Yoon
- 184 Korean Translation and Cross-Cultural Adaptation of the Sport Concussion Assessment Tool 6th Edition (SCAT6): Reliability and Validity
So Young Ahn, Ji-won Seo, Nur Afiqah Binti Zulkifli, Wook Song

목 차

제33권 2호 2024년 5월

-
- 209 Isokinetic Ankle Inversion and Eversion Muscle Strength in Korean Men's Professional Basketball Players
Mun-Ku Song
- 216 Association of Characteristics between Acute Stroke Patients and Sarcopenia: A Cross-Sectional Study
So-Yeong Kim, Byeong-Geun Kim, Se-Ju Park
- 223 발달장애 아동의 운동중재 참여를 통한 체력 및 문제행동에 대한 효과검증: 근거기반 운동프로그램 개발을 중심으로
박영민, 강년주, 김윤성, 김동일
- 234 Exercise-Induced Laminar Blood Flow Maintains Vascular Function by Enhanced Endothelial Homeostasis
Ji-Seok Kim, Kyung-Wan Baek, So-Jeong Kim, Junghoon Lee, Craig A Johnston, Yoonjung Park
- 243 Different Profiles of *Jumper's Knee* Indications in Basketball, Volleyball, and Football Athletes
Ilham Yugantara, Farid Rahman

